

FOOD W FUN



Riverside Elementary West Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1 BBQ Chicken Burger Chicken Nuggets w/WG Brd. Chicken Caesar Salad w/Crkrs Baked Fries Green Beans Fresh Red Pepper Slices Applesauce or Juice	2 Chicken Fajita Chicken Nuggets w/WG Brd. All Amer.Chef Salad w/Crkrs. Baked Tater Tots Seasoned Carrots Garden Salad Diced Pears or Juice	3 Nachos Hot Dog on a Bun Turkey & Ch.Sandwich Steamed Rice Vegetarian Baked Beans Fresh Celery Sticks Strawberry Cup or Juice	4 Chicken Nuggets w/WG Brd. Cheese Pizza Chick.Caesar Sal.w/Crkrs. Steamed Rice Steamed Broccoli Fresh Baby Carrots Diced Peaches or Juice	ľ
7 BBQ Chicken Burger Hot Dog on a Bun Turkey & Cheese Wrap Baked Fries Sweet Peas Fresh Baby Carrots Diced Pears or Juice	Chicken Fajita Chicken Nuggets w/WG Brd. Ham & Cheese Sand. Baked Fries Golden Corn Garden Salad Peach Cup or Juice	Pork BBQ on a Bun Chicken Nuggets w/WG Brd. Brd.Chicken Caesar Wrap Baked Tater Tots Seasoned Green Beans Fresh Celery Sticks Blueberries w/Wh.Cr. or Juice	10 Tacos Hot Dog on a bun Turkey Chef Salad w/Crkrs Steamed Rice Vegetarian Baked Beans Fresh Broccoli Mixed Fruit Cup or Juice	11 Chicken Patty Sandwich Pepperoni Pizza Ham & Cheese Wrap Baked Fries Steamed Carrots Garden Salad Applesauce Cup or Juice	С
14 Chicken Parmesan Melt Hot Dog on a Bun Popcorn Chick.Sal.w/Crkrs. Baked Fries Steamed Broccoli Garden Salad Diced Peaches or Juice	15 Fr.Tst.Sticks w/Sausage BBQ Chicken Burger Ham & Cheese Sandwich Baked Tater Tots Green Beans Fresh Red Pepper Slices Applesauce Cup or Juice	Popcorn Chicken Hamburger on a Bun Ham Chef Salad w/Crkrs. Baked Fries Steamed Broccoli Garden Salad Diced Pears or Juice	17Nachos Hot Dog on a Bun Ham & Cheese Wrap Steamed Rice Vegetarian Beans Fresh Baby Carrots Strawberry Cup or Juice	18 Chicken Patty Sandwich Cheese Pizza Turkey & Cheese Sand. Baked Fries Seasoned Peas Fresh Celery Sticks Blueberries w/Wp.Cr. or Juice	R F
Hot Dog on a Bun Chick.Nuggets w/WG Brd. Turkey & Ch.Sandwich Baked Tater Tots Orange Glazed Carrots Fresh Broccoli Applesauce or Juice	22Meatball Hoagie Chicken Patty Sandwich Turkey Chef Salad w/Crkrs. Baked Fries Seasoned Peas Garden Salad Diced Pears or Juice	Hot Dog on a Bun Chicken Nuggets w/WG Brd. Ham & Cheese Sand Baked Fries Seasoned Green Beans Celery Sticks Peach Cup or Juice	24 Tacos Chicken Nuggets w/Chzits Chick.Caesar Sal.w/Crkrs. Steamed Rice Vegetarian Beans Fresh Baby Carrots Blueberries w/Wp.Cr. or Juice	Hot Ham & Ch./Pretzel Roll Pepperoni Pizza Ham & Ch. Wrap Baked Fries Golden Corn Garden Salad Peach Cup or Juice	p
28 MEMORIAL DAY	29 Pork BBQ on a Bun Chicken Nuggets w/Brd. Turkey Chef Salad w/Crkrs Baked Fries Sweet Peas Fresh Red Pepper Slices Mixed Fruit Cup or Juice	30 Hot Dog on a Bun Chicken Nuggets w/Chzits Ham & Cheese Sandwich Steamed Carrots Baked Tater Tots Garden Salad Diced Peaches or Juice	31 Mozz.Ch.Sticks w/Marinara Chicken Patty Sandwich Ham Chef Salad w/Crkrs. Baked Fries Golden Corn Fresh Baby Carrots Diced Pears or Juice	Full Paid Lunch \$2.20 Reduced .40 Free .0	Mercha

More Info...

Offered Daily:
Fresh Fruit
Or Juice
Fresh
Vegetables

1% Milk Skim Milk Chocolate Skim Milk

All Breads, Rolls, Pasta and Pizza Dough is Whole Grain

Students must pick at least one serving of fruit or vegetable with their meal

Alternate Meal Cheese Sand. Piece of Fruit Choice of Milk

Menus are subject to change without notice.

